

**Deloraine House Inc.**  
The Heart of our Community

# What's on at Deloraine House April 2021

To ensure the health and safety of everyone, we ask that all visitors to the House, wash and sanitise your hands on arrival, sign into our visitors register and maintain a 1.5 social distance. If you are feeling unwell, please wait until you are feeling better before visiting the House. Thank you ☺

Support Deloraine house by becoming a Member; Annual Membership \$11p.p or \$16.50 Family/Community Group or \$22 Business. Enjoy the extra benefits of being a member today.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>5.</b> 9am -4pm Royal Flying Doctors – by appt 10am-1pm Emergency Relief 2pm-3pm Conversation Circle- improve English through chat.</p>	<p><b>6.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Flying Doctors – by appt</p>	<p><b>7.</b> 10am-1pm Emergency Relief – by appt 10:30-11:30 Tai Chi -\$10 per session 2pm-3pm Tai Chi - \$10 per session</p>	<p><b>1.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Fling Doctors service – by appt 9am-4pm WISE Employment Service 12:30-4:30 Heart Meditation, one on one – by appt</p> <p><b>8.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Fling Doctors service 9am-4pm WISE Employment Service 12:30-4:30 Heart Meditation one on one by appt</p>	<p><b>2.</b> 10am-1pm Emergency Relief – by appt 9am-5pm Psychology Caffe – by appt only 10am-12pm Housing Connect 1pm-3pm Craft Group - FREE activity</p> <p><b>9.</b> 10am-1pm Emergency Relief – by appt 9am-5pm Psychology Caffe – by appt only</p>
<p><b>12.</b> 9am -4pm Royal Flying Doctors – by appt 10am-1pm Emergency Relief 2pm-3pm Conversation Circle- improve English through chat.</p>	<p><b>13.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Flying Doctors – by appt 10am-2pm Spinners Group</p>	<p><b>14.</b> 10am-1pm Emergency Relief – by appt 10am-12pm Road Trauma Support – by appt 10:30-11:30 Tai Chi - \$10 per session 1pm-3pm Uniting Rural Mental Health Outreach – By appt 2pm-3pm Tai Chi - \$10 per session</p>	<p><b>15.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Fling Doctors service by appt 9am-4pm WISE Employment Service 12:30-4:30 Heart Meditation, one on one – by appt</p>	<p><b>16.</b> 10am-1pm Emergency Relief – by appt 9am-5pm Psychology Caffe – by appt only 1pm-3pm Craft Group - FREE activity</p>
<p><b>19.</b> 9am -4pm Royal Flying Doctors – by appt 10am-1pm Emergency Relief 2pm-3pm Conversation Circle- improve English through chat.</p>	<p><b>20.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Flying Doctors – by appt</p>	<p><b>21.</b> 10am-1pm Emergency Relief – by appt 10:30-11:30 Tai Chi -\$10 per session Support – by appt 2pm-3pm Tai Chi - \$10 per session appt</p>	<p><b>22.</b> 10am-1pm No Interest Loan Applications – by appt 9am-4pm Royal Flying Doctors Service- by appt 9am-4pm WISE Employment 12:30-4:30 Heart Meditation one on one By appt</p>	<p><b>23.</b> 10am-1pm Emergency Relief – by appt 9am-5pm Psychology Caffe – by appt only</p>

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<p><b>26.</b>  <b>9am-4pm</b> Royal Flying Doctors – by appt  <b>10am-1pm</b> Emergency Relief  <b>2pm-3pm</b> Conversation Circle- improve English through chat.</p>	<p><b>27.</b>  <b>10am-1pm</b> No Interest Loan Applications – by appt  <b>9am-4pm</b> Royal Flying Doctors – by appt</p>	<p><b>28.</b>  <b>10am-1pm</b> Emergency Relief – by appt  <b>10am-12pm</b> Road Trauma Support – by appt  <b>10:30-11:30</b> Tai Chi - \$10 per session  <b>1pm-3pm</b> Uniting Rural Mental Health Outreach – By appt  <b>2pm-3pm</b> Tai Chi - \$10 per session</p>	<p><b>29.</b>  <b>10am-1pm</b> No Interest Loan Applications – by appt  <b>9am-4pm</b> Royal Fling Doctors service by appt  <b>9am-4pm</b> WISE Employment Service  <b>12:30-4:30</b> Heart Meditation, one on one – by appt</p>	<p><b>30.</b>  <b>10am-1pm</b> Emergency Relief – by appt  <b>9am-5pm</b> Psychology Caffe – by appt only  <b>1pm-3pm</b> Craft Group - FREE activity</p>

**Our Vision:**

Deloraine House will be a respected organisation working within the Meander Valley to meet the changing needs of community in a way that is supportive, kind and positive.

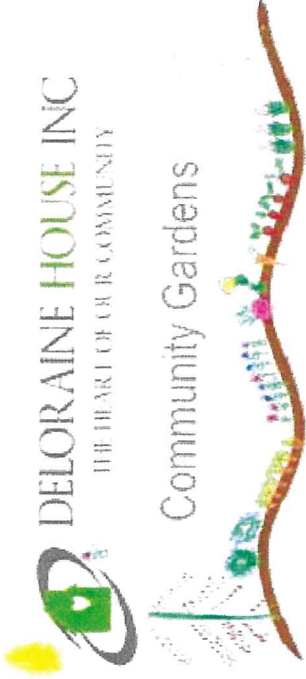
**Our Mission:**

Deloraine House is a community owned and driven organisation which aims to contribute to the provision of positive inclusion, health and wellbeing of individuals, families, community and environment of the Meander Valley.



The harvesting season is now upon us, do you have some time to join our group of volunteers to harvest small properties or preserve produce? Deloraine House is a registered Centrelink "Mutual work obligation" provider and can assist with your work obligation hours as a volunteer. We provide all equipment and safety vests for volunteers. Volunteers are offered a percentage of the produce harvested for personal use.

Please talk to us if you would like to join our fun team of volunteers



## DELORAINÉ

Deloraine Community Garden is open each Wednesday 10am-2pm.

This is a space open to anyone who has an interest in gardening and would like to volunteer some time. The garden supplies the community, through Deloraine House, and its volunteers with fresh produce.

The garden is currently being redeveloped to provide a more productive and user-friendly space. This week we have seen the instillation of our new water tank. This garden will continue to evolve over the coming months. Watch this space

## MOLE CREEK

This garden is set in a rural setting and like Deloraine Garden is full organic.

This garden is fully run by volunteers and regularly and fully open to the community and visitors to the area. The garden regularly runs event days, making gifts and other treats from the produce grown in the garden for Christmas and Easter etc.

All funds raised will remain with the garden for future development and next season planting.

